

REQUEST FORM: VIROLOGICAL FOLLOW-UP HIV

AV-FU_EN
version 15: 08/2025



AIDS REFERENCE LABORATORY – VUB site STP

UMC St Pieter - CHU St Pierre

Hoogstraat 322 - Rue Haute 322

1000 Brussel - 1000 Bruxelles

Tel: 02/435 20 61 Fax: 02/435 20 69

Prise de sang: 02/535 36 39

Centre MIA: 02/535 31 77

SAMPLE N°

☐ **BLOOD-EDTA***
without gel
(min. 10ml or 2x7ml)

☐ **CSF (LCR)**
+ BLOOD- EDTA
required within 7 days

COLLEZ ICI L'
ETIQUETTE DE
L'ECHANTILLON

PATIENT IDENTIFICATION (mandatory)

- ☐ Copy results to patient
☐ Copy results to physician:

.....
.....

Physician (mandatory)

stamp + signature

Sampling date and hour:

...../...../.....H.....

Request date:

...../...../.....

VIRAL LOAD

Code 9000

☐ HIV-1 ☐ HIV-2

! This is NOT a diagnostic screen test! Please send the EDTA blood sample to the ARL laboratory CHU St Pierre

Reason for request (mandatory)

- | | | |
|--|---|---|
| ☐ Trimestrial check-up | ☐ Follow-up at 3 months of treatment | ☐ Control of a recent determination (provide details): |
| ☐ New diagnosis | ☐ Non compliance | |
| ☐ Follow-up treatment-naïve patient | ☐ Pregnancy | ☐ Other: |
| ☐ Follow-up non-treated non-naïve patient | ☐ Delivery (childbirth) | |
| ☐ Start treatment or treatment modification | ☐ Breastfeeding | |
| ☐ Follow-up at 1 month of treatment | ☐ Neurological symptoms | |

HIV-1 GENOTYPING: ☐ PR + RT

☐ INT

HIV-2 GENOTYPING: ☐ PR + RT

☐ INT

! Please send 7ml blood EDTA extra

Reason for request (mandatory)

- ☐ Treatment failure
- ☐ Treatment modification
- ☐ Treatment-naïve patient initiating treatment
- ☐ Newly diagnosed patient
- ☐ Pregnancy
- ☐ Vertical transmission
- ☐ Treatment with maraviroc is considered
- ☐ MVC naïve patient
- ☐ MVC experienced patient
- ☐ Other:

Current antiretroviral therapy (important)

☐ No treatment

NRTI (NUCLEOSIDE and NUCLEOTIDE
REVERSE TRANSCRIPTASE INHIBITORS)

- ☐ Lamivudine (3TC)
- ☐ Emtricitabine (FTC)
- ☐ Abacavir (ABC)
- ☐ Tenofovir alafenamide (TAF)
- ☐ Tenofovir (TDF)
- ☐ Zidovudine (AZT)

PI (PROTEASE INHIBITORS)

- ☐ Atazanavir (ATV)
- ☐ Darunavir (DRV)
- ☐ Lopinavir + Ritonavir (LPV/r)
- ☐ Ritonavir (r)

NNRTI (NON-NUCLEOSIDE
REVERSE TRANSCRIPTASE INHIBITORS)

- ☐ Doravirine (DOR)
- ☐ Efavirenz (EFV)
- ☐ Etravirine (ETR)
- ☐ Nevirapine (NVP)
- ☐ Rilpivirine (RPV)

INSTI (INTEGRASE INHIBITORS)

- ☐ Bictegravir (BIC)
- ☐ Cabotegravir (CAB)
- ☐ Dolutegravir (DTG)
- ☐ Elvitegravir (EVG)
- ☐ Raltegravir (RAL)

CAP (CAPSID INHIBITORS)

- ☐ Lenacapavir (LEN)

EI (ENTRY INHIBITORS)

- ☐ Maraviroc (MVC)

AI (ATTACHMENT INHIBITORS)

- ☐ Fostemsavir (FTR)

Other (Tropism, HIV-1 subtype,...):

***Sample collection:** one 10 ml tube or two 7 ml tubes (minimum 4,5 ml for new-born) Blood-EDTA without gel (lavender stopper)

The sample should arrive at the Aids Reference Laboratory within 24 hours after collection and at the latest at 16h, from Monday to Friday. HIV-2 analyses are sent to ARL UCL by ARL STP.

For any questions or complaints please contact the laboratory at 02/435 20 61