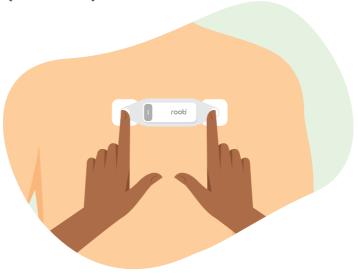


WEARING A HEART RATE MONITOR (ROOTI)



Instructions for using the heart rate monitor that has been placed on you for several days.



Rooti is a small portable Holter monitor that records your heart rate for up to 7 days. If you have any allergies, please inform the nurse immediately.

DAILY ACTIVITIES AND SPORTS SHOWER BATH SWIMMING POOL IF THE STICKERS COME OFF, MAKE SURE YOU REPLACE THEM ONE BY ONE IN THE SAME PLACE

If the device displays a flashing red light, contact the nurse on 02/535 33 65. This red light indicates that the sticker may not be making proper contact or that the Rooti's battery is almost empty.

The nurse will tell you when you can remove the stickers. You can then remove and discard the two round stickers. Return the Rooti as soon as possible, following the nurse's instructions: CHU SAINT-PIERRE SITE PORTE DE HAL ROUTE 305 105 Rue aux Laines 1000 Bruxelles Results will be analysed and then sent to



Site Porte de Hal

Rue Haute 322, 1000 Bruxelles +32 (0)2 535 31 11 www.stpierre-bru.be

CONTACT

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your doctor.

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202/535.33.51